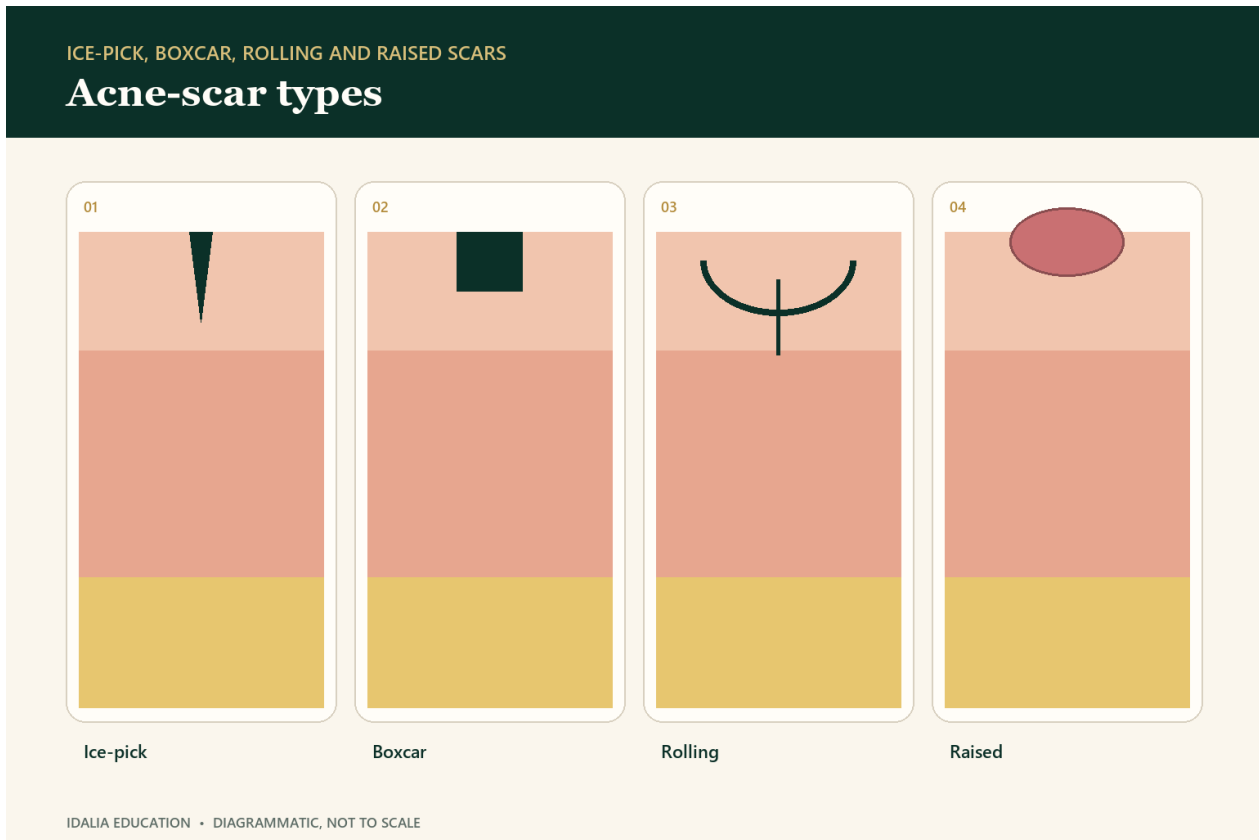


Acne-scar types

Identify the broad scar families that make combination planning more useful than one treatment for the whole face.



What it means

Depressed acne scars include narrow deep ice-pick scars, sharper-edged boxcar depressions and wider rolling scars that may be tethered. Raised hypertrophic or keloid scars reflect excess scar tissue. Mixed patterns are common and need different tools.

Important limit

Microneedling cannot release a true tether by itself, and subcision does not resurface every scar edge. Raised scars need a different assessment and may worsen with inappropriate injury.

Acne-scar types

How Idalia may support you

Route	Purpose	Starting point
Microneedling	A broad remodelling route for selected shallow depressed texture.	From GBP 85
Subcision	Targets selected tethered rolling scars beneath the surface.	From GBP 119
Specialist referral	Ice-pick, deep boxcar, raised or complex scars may need other procedures.	Referral

A useful home-care foundation

- Control active acne first
- Map scar types in directional light
- Plan combinations in stages
- Use realistic percentage improvement goals

Pause and seek appropriate review when

- Active acne is not controlled
- Keloid or raised-scar history
- Deep ice-pick or complex scars
- Significant pigment-change risk

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/acne-scar-types-explained.html>

Idalia Aesthetics & Wellness - Dudley and the West Midlands