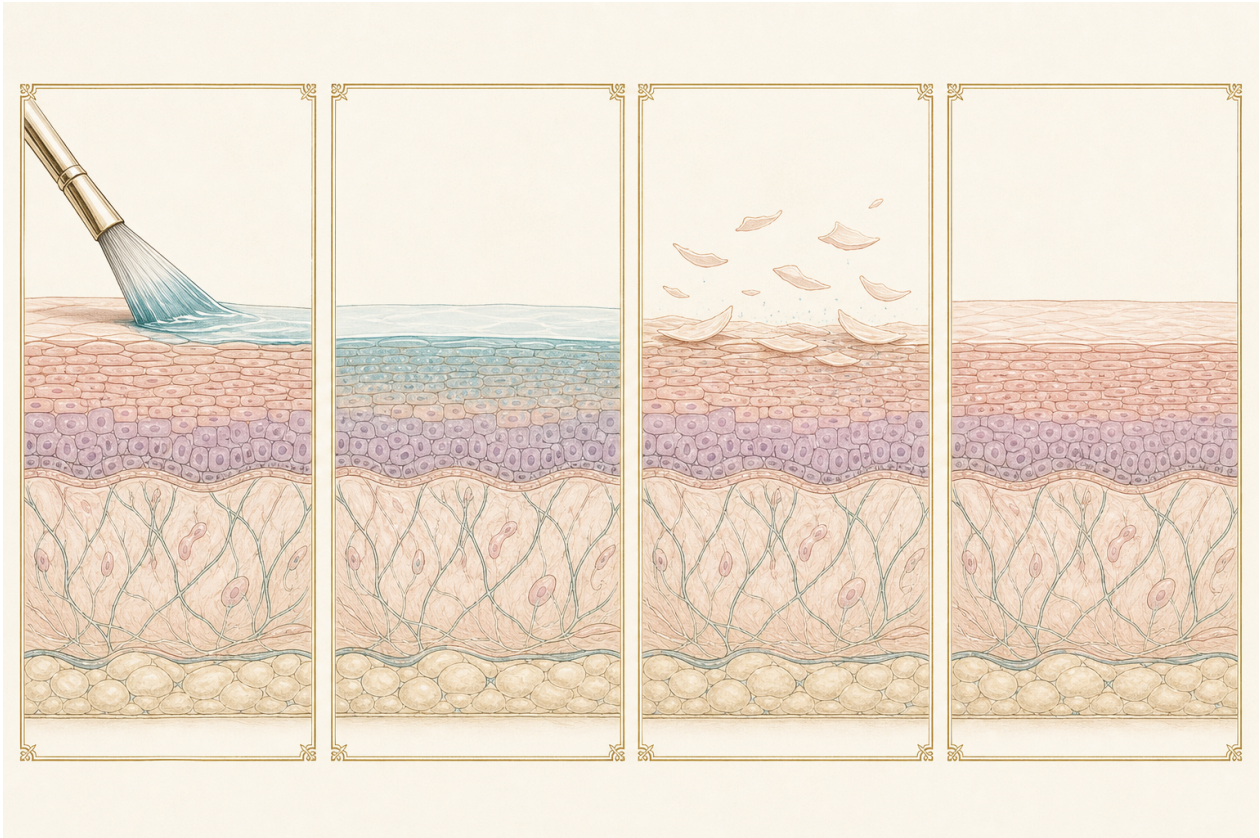


How chemical peels work

Compare salicylic, lactic, glycolic and TCA routes - and learn why percentage alone does not determine peel depth.



What it means

A chemical peel applies a controlled acidic formulation to create a planned level of surface injury and renewal. Acid type, concentration, pH, vehicle, layers, contact time, skin preparation and neutralisation all affect depth and recovery.

Important limit

Rosacea-prone, inflamed, recently tanned, barrier-impaired or pigment-sensitive skin may need a gentler route, preparation or referral rather than a peel.

How chemical peels work

How Idalia may support you

Route	Purpose	Starting point
Salicylic peel	A BHA route for suitable oily or congested skin.	From GBP 45
Lactic or glycolic peel	AHA routes selected for suitable dullness, texture or tone goals.	From GBP 45
TCA consultation	A stronger separate pathway requiring specific assessment.	Quoted

A useful home-care foundation

- Disclose active products and retinoids
- Use strict sun protection
- Do not pick flaking skin
- Follow the exact product protocol

Pause and seek appropriate review when

- Active infection or dermatitis
- Recent tanning or sunburn
- Unexplained pigment or lesion
- Medication or procedure conflict

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/chemical-peels-explained.html>

Idalia Aesthetics & Wellness - Dudley and the West Midlands