

Enlarged-looking pores

Learn why pores cannot be erased, but congestion, oiliness, sun damage and reduced skin support can make them more visible.



What it means

A pore is the visible opening of a hair follicle. Genetics, oil production, congestion, reduced firmness and ultraviolet damage can make openings look larger. Treatment aims to make pores less noticeable; it cannot permanently remove or close them.

Important limit

Forceful extraction, pore strips, scrubs and repeatedly drying the skin can irritate follicles and make pores look more obvious.

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How Idalia may support you

Route	Purpose	Starting point
Hydra-style cleanse	Helps remove surface debris and hydrate suitable congested skin.	From GBP 40
Salicylic peel	A screened BHA route for suitable oily or congested skin.	From GBP 45
Microneedling	A remodelling route when texture or reduced support contributes.	From GBP 85

A useful home-care foundation

- Choose non-comedogenic products
- Cleanse gently with lukewarm water
- Do not pick or squeeze
- Use daily SPF to protect firmness

Pause and seek appropriate review when

- Painful inflammatory acne
- Persistent blackheads despite appropriate care
- A changing lesion inside a pore
- Sensitivity that limits exfoliation

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/enlarged-pores-explained.html>

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