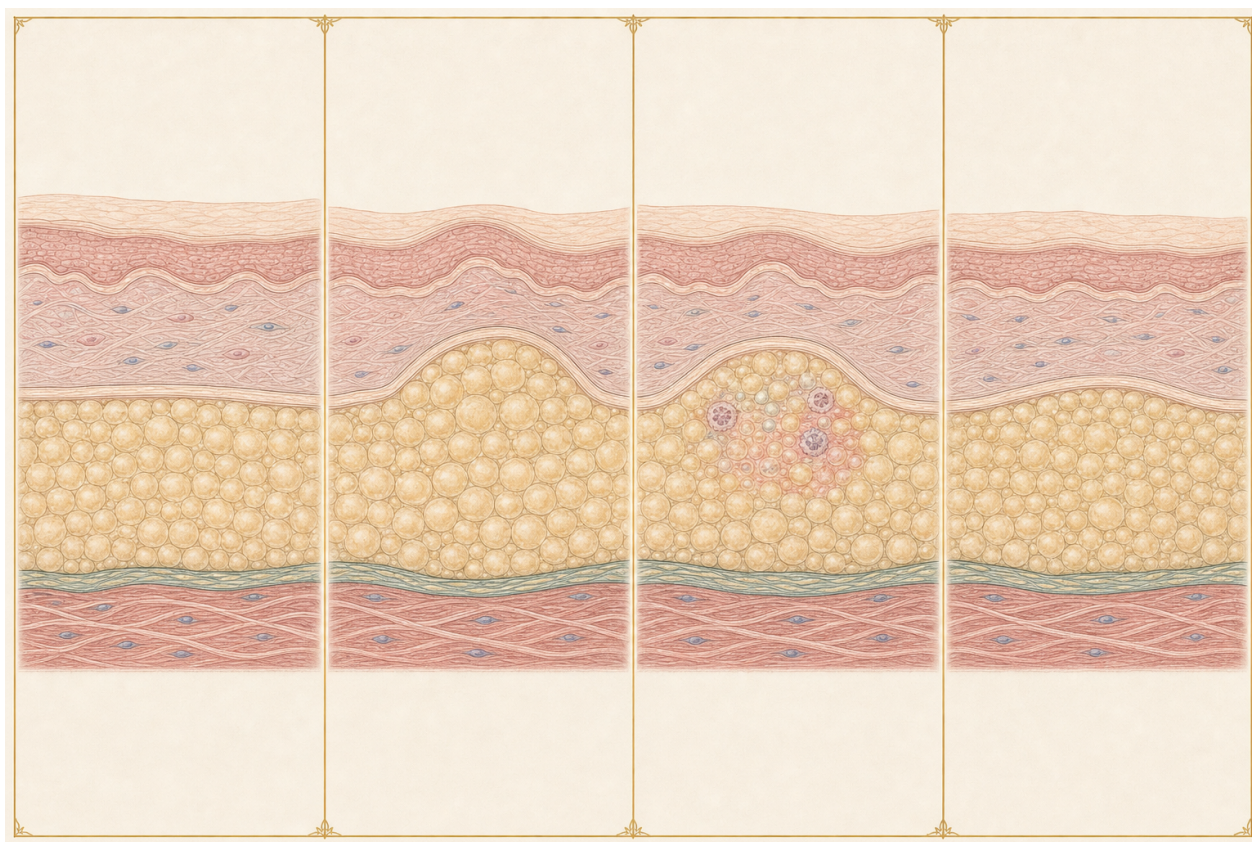


Localised fat deposits

Learn how a pinchable subcutaneous pocket differs from visceral fat, loose skin and cellulite.



What it means

A localised fat pocket sits beneath the skin and can often be pinched. It is different from visceral fat around internal organs, general weight change, loose skin and the fibrous-band pattern that creates cellulite.

Important limit

Fat-dissolving injections do not treat visceral fat, obesity, cellulite or loose skin, and they are not a substitute for weight-management or medical care.

Localised fat deposits

How Idalia may support you

Route	Purpose	Starting point
Aqualyx small area	A screened injectable route for a selected local pocket.	From GBP 195
Body contour assessment	Checks fat, skin quality, symmetry and whether referral is more appropriate.	Consultation
Weight-management support	A separate non-injectable route for broader weight goals.	From GBP 39

A useful home-care foundation

- Keep weight stable where possible
- Compare fat with laxity and cellulite
- Expect swelling after injectable contouring
- Use photographs and measurements realistically

Pause and seek appropriate review when

- A new or painful lump
- Sudden swelling
- Possible hernia
- A general or medically complex weight concern

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/localised-fat-explained.html>

Idalia Aesthetics & Wellness - Dudley and the West Midlands