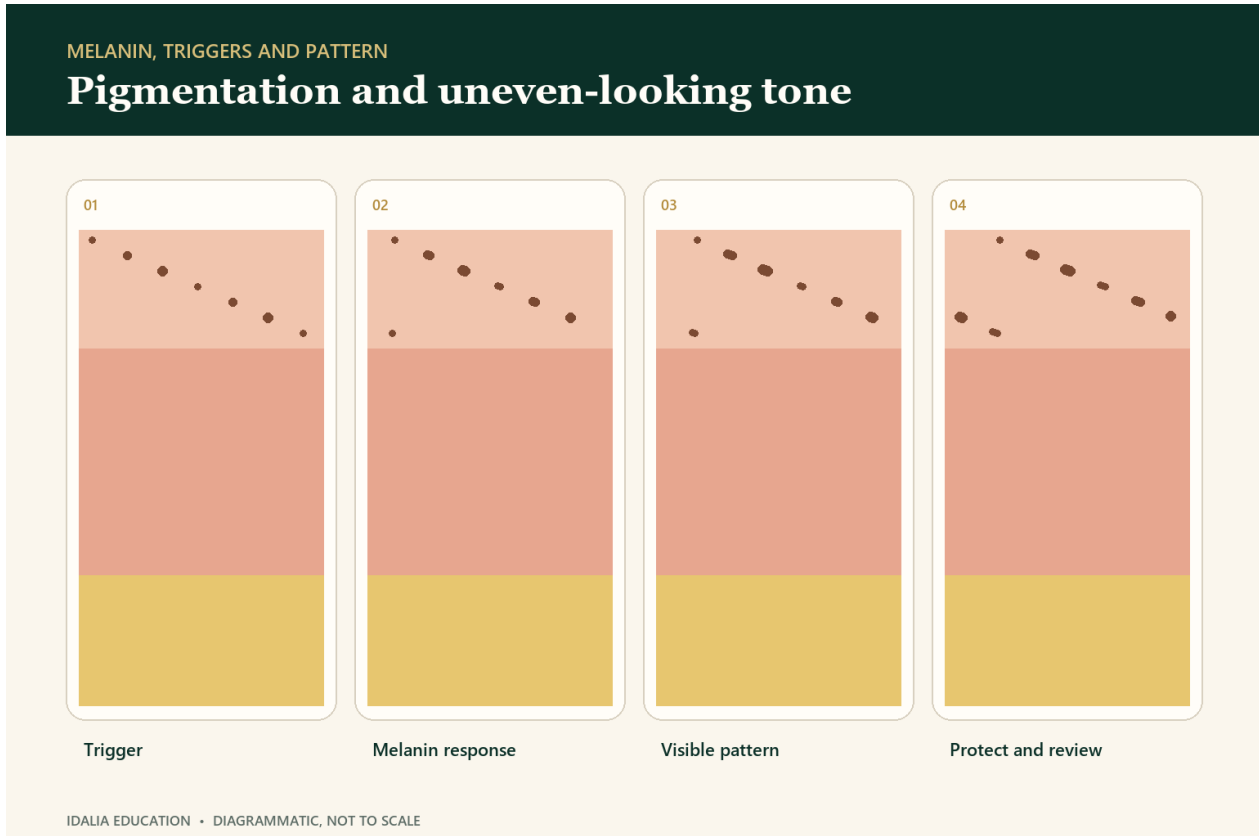


Pigmentation and uneven-looking tone

A starting guide to excess pigment, sun spots, post-inflammatory marks and why a changing lesion is not a cosmetic treatment target.



What it means

Pigmentation is a broad description, not one diagnosis. Melanin can become more visible after ultraviolet exposure, inflammation, hormonal change, medication or skin injury. The pattern, depth, timing and trigger determine whether cosmetic support, medical review or no treatment is appropriate.

Important limit

A new, changing, irregular, bleeding or otherwise suspicious mark is not treated cosmetically. It needs appropriate medical assessment first.

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How Idalia may support you

Route	Purpose	Starting point
Gentle brightening facial	A barrier-conscious facial with a non-irritating finish.	From GBP 45
Selected superficial peel	Only after pigment risk, skin type, sun exposure and actives are reviewed	From GBP 45
Microneedling	A cautious remodelling route for selected stable tone or texture goals.	From GBP 85

A useful home-care foundation

- Use broad-spectrum SPF 30+ daily
- Consider tinted iron-oxide sunscreen
- Avoid irritating or bleaching products
- Identify and control the cause first

Pause and seek appropriate review when

- A new or changing pigmented lesion
- Asymmetry, irregular border or multiple colours
- Bleeding, crusting or non-healing area
- Sudden widespread pigment change

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/pigmentation-explained.html>

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