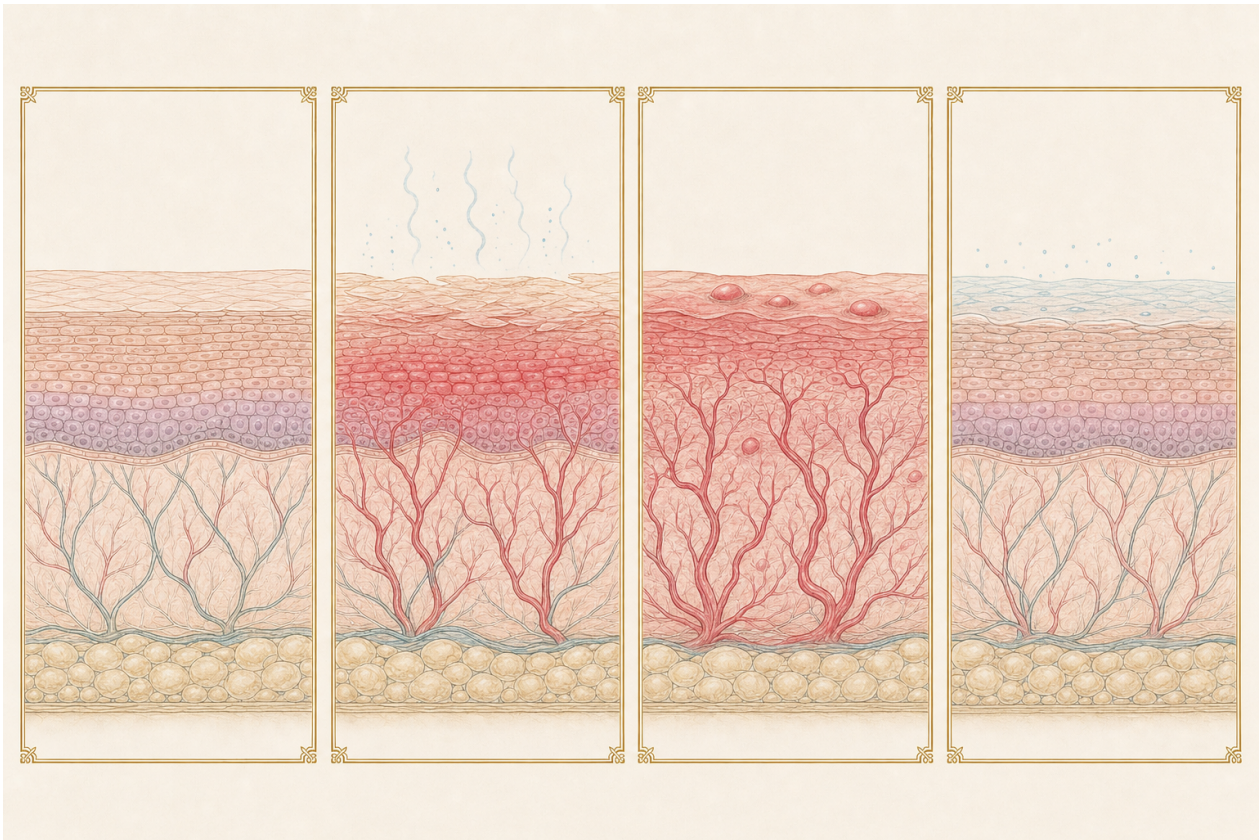


Rosacea-prone skin

Understand persistent redness, flushing, visible vessels and acne-like bumps - and why rosacea is not ordinary acne.



What it means

Rosacea is a chronic inflammatory facial skin condition. It can involve flushing, persistent colour change, visible small vessels, sensitivity or acne-like bumps. It needs diagnosis and medical management when symptoms are active, persistent, eye-related or worsening.

Important limit

Steam, hot towels, abrasive exfoliation, strong acids, extraction and vigorous facial massage are excluded from the dedicated calming facial.

Rosacea-prone skin

How Idalia may support you

Route	Purpose	Starting point
Rosacea-Calm Facial	A no-heat, no-scrub, barrier-led facial for stable, diagnosed or redness-prone skin	From GP 65
Barrier support	Gentle cleanse, cream moisturiser and mineral sun protection criteria.	Included
Medical pathway	GP, pharmacist, optometrist or dermatology review for diagnosis and treatment	Referral

A useful home-care foundation

- Identify personal triggers
- Choose fragrance-free products
- Use lukewarm water and fingertips
- Apply broad-spectrum SPF 30+ daily

Pause and seek appropriate review when

- Eye pain, light sensitivity or vision change
- A first unexplained facial rash
- Rapidly worsening redness or swelling
- Persistent acne-like eruptions

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/rosacea-explained.html>

Idalia Aesthetics & Wellness - Dudley and the West Midlands