

# Skin laxity

Separate mild skin looseness from volume loss, muscle movement, local fat and the larger tissue change that may need surgery.



## What it means

Laxity develops as collagen and elastin change with age and ultraviolet exposure and as deeper fat, ligaments and bone support alter. Small amounts of looseness may respond modestly to remodelling or heat-based procedures; larger tissue descent cannot be lifted by a facial cream.

## Important limit

Non-surgical treatments create modest, gradual change and cannot reproduce a surgical lift. Heat, injectable and needling routes have different contraindications and recovery.

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## How Idalia may support you

| Route                    | Purpose                                                           | Starting point |
|--------------------------|-------------------------------------------------------------------|----------------|
| Radiofrequency upgrade   | A warm cosmetic firming step for suitable mild concerns.          | +GBP 15        |
| Microneedling            | A gradual collagen-remodelling route for suitable skin quality.   | From GBP 85    |
| Biostimulator assessment | PLLA or CaHA planning when gradual deeper support is appropriate. | From GBP 399   |

## A useful home-care foundation

- Use daily sun protection
- Keep weight stable
- Compare laxity with volume loss and fat
- Photograph gradual change consistently

## Pause and seek appropriate review when

- Marked skin excess
- A new swelling or asymmetry
- Recent major weight change still continuing
- Expectation of surgical-level lifting

## Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/skin-laxity-explained.html>

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