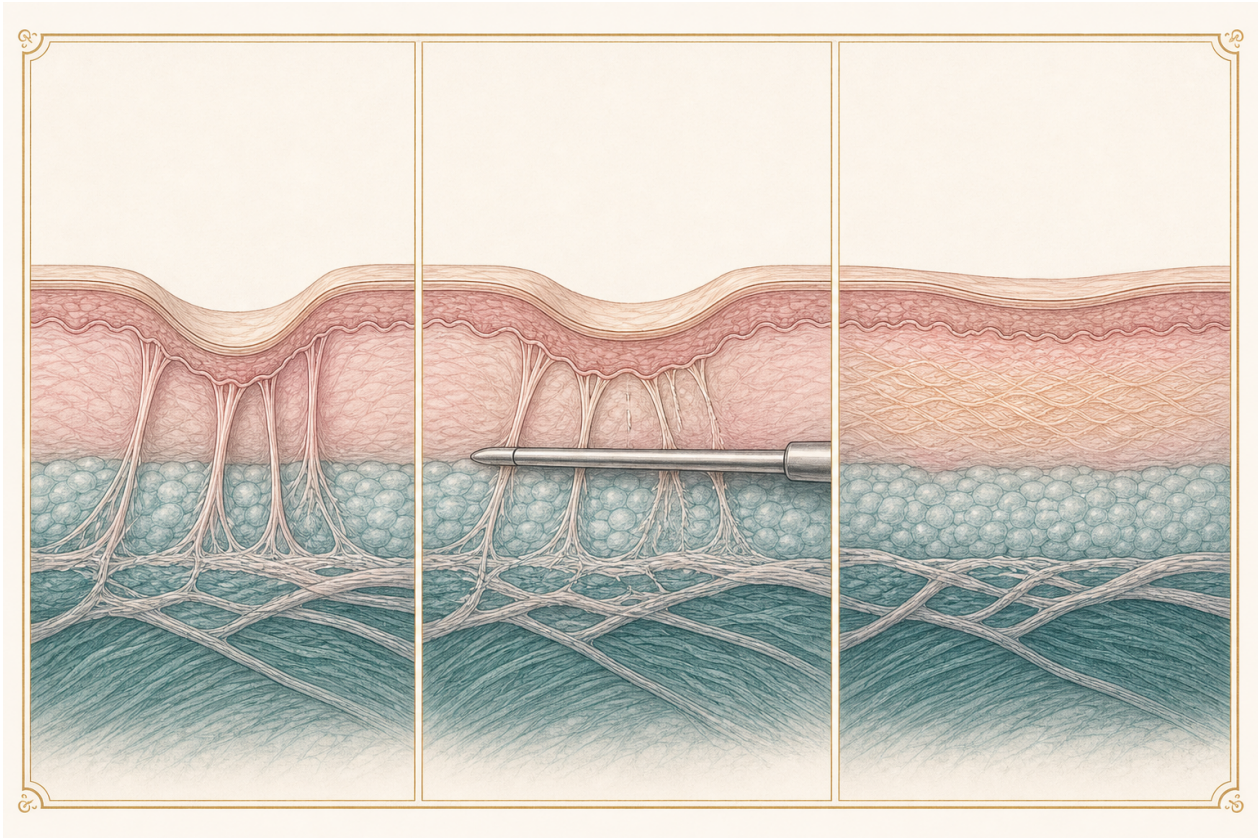


How acne-scar subcision works

Learn what makes a rolling scar look anchored, how a tether can be released and why scar type changes the plan.



What it means

Some rolling scars are pulled downward by fibrous bands beneath the skin. Subcision uses a controlled instrument below the scar to release selected tethering. It does not resurface the whole skin and is not the right tool for every ice-pick, boxcar or raised scar.

Important limit

Bruising, swelling, tenderness, bleeding, pigment change and incomplete release are possible. Stronger scars or mixed patterns may need specialist dermatology or surgical techniques.

How acne-scar subcision works

How Idalia may support you

Route	Purpose	Starting point
Subcision	A standalone plan for suitable symmetrical tethered areas.	From GBP 119
Microneedling	A separate surface-remodelling route after healing where suitable.	From GBP 85
Scar programme	Combines scar-type assessment with staged treatments.	Quoted

A useful home-care foundation

- Control active acne first
- Identify each scar type
- Expect bruising and swelling
- Review before adding resurfacing

Pause and seek appropriate review when

- Raised or keloid scars
- Active acne or infection
- Bleeding-risk concern
- Scars needing laser or surgical expertise

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/subcision-explained.html>

Idalia Aesthetics & Wellness - Dudley and the West Midlands