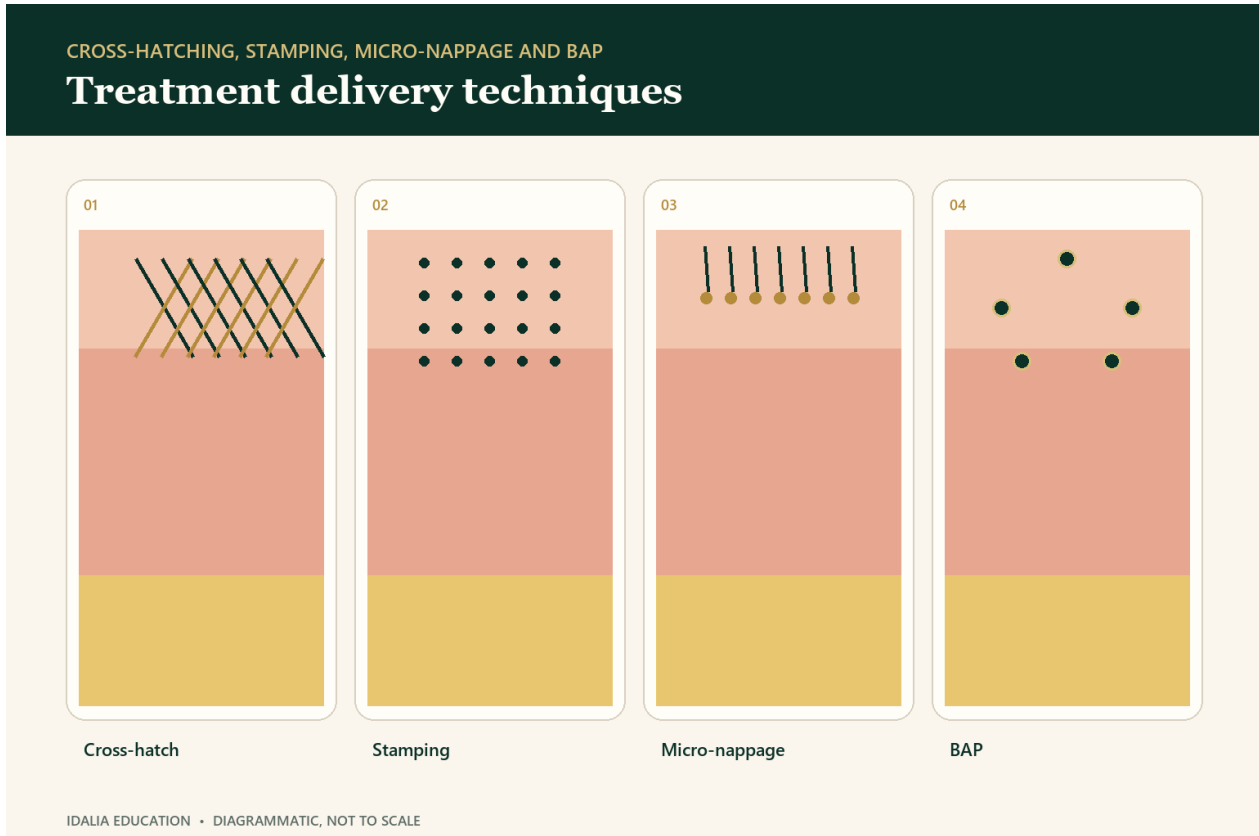


Treatment delivery techniques

A plain-English library of common delivery patterns, showing why technique follows product, anatomy, depth and treatment goal.



What it means

Treatment names can describe a pattern rather than a product. Cross-hatching and stamping are microneedling movements; micro-nappage describes very small superficial injections; BAP refers to a limited set of bio-aesthetic injection points used with specific products.

Important limit

A named technique is not proof that a product, depth, route or treatment is appropriate. Manufacturer instructions, training, insurance and anatomy determine what can proceed.

Treatment delivery techniques

How Idalia may support you

Route	Purpose	Starting point
Microneedling	Cross-hatching or stamping adjusted by area and device.	From GBP 85
Mesotherapy	Small deposits placed according to the verified product protocol.	From GBP 109
BAP pathway	Only when the selected authentic product instructions support it.	Consultation

A useful home-care foundation

- Confirm the exact product
- Match depth to anatomy
- Use sterile single-use equipment
- Document consent and aftercare

Pause and seek appropriate review when

- Unverified product or route
- Active infection
- Technique outside practitioner scope
- Missing emergency or aftercare plan

Remember

This leaflet is general cosmetic education. It does not diagnose a condition, confirm suitability, replace medical advice or act as treatment consent. Individual response and recovery vary.

Read the full guide: <https://starwellness.studio/treatment-techniques.html>

Idalia Aesthetics & Wellness - Dudley and the West Midlands